








































To do/eat list

TO EAT	WHERE	MEAL CARD (Sodexo)?	Looks like this	DID I ATE IT?
Brigadeiro	Maite will bring it :)	No need		

Pão de Queijo + Mate	Rei do Matte	Yes		
Mate de galão	Beach (Praia)	No		
Cuzcus doce & cocada (coconut sweet)	There are little carts with many kinds of sweets on the streets, manly in Botafogo and Copacabana.	No		
Fish (preference from sweet water)	In Ilha da Gigóia there are good restaurants, but expensive.	Probably		
Japones/Sushi	Temakeria & Cia; Sushirão (only delivery)	YES!!!!		
Churrasco	Fogo de Chão (in Botafogo); Assador (in Aterro do Flamengo)	Yes		
Carrot cake with brigadeiro	You can find it anywhere that sells cakes (Fábrica de Bolo da Vó Alzira, in iFood)	Yes		
Chokito	sweet that you can find anywhere (here at school)	Yes		
Tapioca!!!!!!!!!!!!	You can buy the flour in the market, but you should eat it first in the street. There are little carts and you get to choose the toppings you want on it.	Some markets – Yes In the street – No		
Romeu e Julieta = white cheese (queijo minas) with goiabada	Buy it in the market and eat at home	Some markets – Yes		
Podrão (all you can eat hot dog)	Normaly you find it next to the Metro station	No		
PF (Prato Feito)	You'll find it in bars or at "kantine" in the street. Is a plate with rice, black bones, farofa, meat, nudles, letters and tomato	Yes		

AIPIM (our kind of potato, and better). * Fun fact: with Aipim you do the tapioca flour and the pão de queijo flour. You can eat it in any kind of way, like in a puree, fried sticks	Bars, restaurants and supermarkets	Yes	(it does look like fries) 	
Caqui (fruit)	Supermarket/ hortifruti / "Feira-livre"	Maybe		
Fruta do conde (fruit)	Supermarket/ hortifruti / "Feira-livre"	Maybe		
Guaraná (as soda and as refresher)	You can find at Juice Bars or along with Mate	Yes		
Biscoito globo	You can find it anywhere (here at school). * Fun fact: the Rio symbol is biscoito globo with beach mate https://diariodorio.com/biscoito-globo-e-mate-so-patrimnio-cultural-do-rio-de-janeiro/	Yes		
Go to a food street market	Cadeg and Cobal or other in Copacabana near your home (ask the lady when and where)	Yes		
Feijoada (its a typical sunday plate, black beans with a lot of meat, couve, rice, farofa and orange.)	Typical restaurants such as Academia da Cachaça (in Leblon)	Yes		
Sweet avocado	Buy the avocado (abacate, its a little different from avocado) and put sugar on it. That is how most of the brazilians eat avocado.	Probs		
Farofa (I can't remember if you have already eaten it, but you need to.)	Almost any restaurant (banana, egg)	Yes		
Caipirinha	ANY bar but there's a really big one at Barraca da Fátima (in Lapa)	Yes		
Pitanga	Supermarket/ hortifruti / "Feira-livre"	Maybe		
Tangerina	Supermarket/ hortifruti / "Feira-livre"	Maybe		
Manga	Supermarket/ hortifruti / "Feira-livre"	Maybe		
Requeijão	Supermarket	Yes		
Juices	Bibi sucos/ Polis sucos/Big Nectar	Yes		
Café in Colombo galerie in Centercity				
Bobó de camarão				
Acarajé				

Bananada	You can find it anywhere (also in the sweets' cart). Sweet made of banana	Supermarkets – Yes Street carts - No		
Pão Francês	It's the bread that is made in the market and in bakeries. You can eat it with anything (butter, ham, jam, nutella, cheese). * Fun (that it isn't fun) fact: Bolsonaro eat it with condensed milk.	Yes		
Jabuticaba (fruit)	If you can't travel in Brazil, you should go to a restaurants that sells only northeastern food.			
Escondidinho de carne seca com catupiry	Restaurants such as Joaquina (right next to the school in Cobal)	Yes		
Pastel	You can find next to school, near Santa Marta and also in any market you go. There's a "feira" in Laranjeiras' neighborhood called 'Feira da General Glicério' with na amazing pastel	Maybe		
Paçoca	You can find it anywhere, market, here at school	Yes		
Pé de muleque	Sweet carts, supermarkets	Maybe		
Calda de cana <i>Fun fact: the people also drink it in India but with lemon and hortelã</i>	You can buy it with the pastel. It's the juice from the sugarcane	No		
Churros	There are little carts on the streets, manly in Botafogo and Copacabana. *Ask for the one with dulce de leche	No		
Picolé Itália	An ordinary popsicle that is amazing	Yes		
Goiaba	Supermarket/ hortifruti / "Feira-livre"	Maybe		
Doce de leite			